

Ezreena's Therapeutic Counselling Inc.

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STATEMENT OF UNDERSTANDING

Counselling is a partnership between therapist and client. This collaborative process will involve:

My commitment to help: clarify the problem(s) that brought you to counselling, develop a plan to address them and work to resolve the issues that are keeping you stuck.

Your commitment to this process is: to arrive on time and if you cannot make a session to notify me minimum 24 hours in advance.

If a session is left unpaid, you agree that I have permission to bill your credit card on file. _____ (initial)

If 2 sessions are missed without advance notice I reserve the right to bill you for the missed session time and remove you from my schedule, in order to allow other clients to maximize session time. _____ (initial)

CONFIDENTIALITY & CLIENT RIGHTS

1. All counselling services and records are confidential. No information will be provided to anyone other than yourself, unless I have your signed consent. Please note that any form of electronic communication (emails, text messages, social media, etc.) can be a security risk and you signing this form is expressed consent to the use of this transmission, including internet and cell phone sessions.

2. There are some important exclusions to confidentiality:
 - A. I sometimes debrief &/or consult with other professionals in the field; we are all bound by the oath of confidentiality.
 - B. I am legally obligated to report:
 - I. Child and/or elder abuse and/or neglect
 - II. Immediate danger /threat to self or others, and/or medical emergency
 - III. Subpoena or court order for my notes

CONSENT TO COUNSELLING

Payment for counselling services is appreciated before each session and is required by the end of session. I accept cash / cheque / e-transfer. Credit cards are required during registration to my on-line scheduler & will be automatically charged for outstanding fees or if you choose for me to manually charge your credit card each session. Credit card companies add an additional 3.01% _____ (initial)

Internet &/or phone sessions: payment is required **before** the start of your appointment.

(If there is no notice of re-scheduling, or last minute cancellation, the pre-paid session will cover the scheduled session time.)

Any requests made outside of session time (letters, emails to read etc.) will be billed at the hourly rate, in 15 minute increments.

Part of the counselling process may include (with your permission) hands-on body processes and energy work to unlock dynamically what is keeping you stuck. Signing this form gives me consent to execute these processes. You reserve the right at any time to decline a energy body process. _____ (initial)

Please note.... I use the last 5 minutes for payment and scheduling. Please refrain from extending the session beyond the allotted time, as that will affect other clients and my time to prepare for my next client.

You consent: "I agree to pay, in full, for sessions that I miss, cancel last minute or do not give minimum 24 hour notice, as well as multiple re-scheduling". Unpaid fees will automatically be billed to credit card on file.

All counselling services with Ezreena, including out of province and out of country sessions, are governed by the laws and regulations of British Columbia, Canada. You agree to receive emails and texts messages with info you provide. I have read the above, understand it's contents and consent to this counselling process.

Recording sessions is prohibited without my consent. _____ (initial)

Client name

Date

Client Signature(s)

Therapist signature

Copy accepted / declined by client

Legal case? Yes No _____

__x__ Copy kept by therapist